

WE LOVE OUR Neighbors

All donations are welcome!

Food items:

- Whole grain & gluten-free pastas
- Canned vegetables
- Ready to eat soup, including vegetarian/vegan
- Dairy-free mac and cheese
- Peanut Butter & Jelly
- Canned meat
- Microwavable meals
- Chili
- Granola bars
- Individual snack packs (nuts, fruit snacks, beef jerky)
- Fruit cups
- Pantry staples
- Oil, vinegar, salad dressing
- Spices
- Rice and lentils
- Cereal
- Shelf-stable milk and alternative milks
- Juice boxes
- Coffee and tea
- Oatmeal
- Dog & Cat food

I. **Full size hygiene items:**

- Kleenex/toilet paper
- Razors
- Body wash
- Hand/foot warmers
- Diapers
- Baby Wipes
- Toothbrushes/paste
- Emergen-C
- Household cleaners

- Deodorant
- Shampoo
- Conditioner

***OF COURSE*, Ballard Food Bank volunteers are always needed and appreciated.**

For more information, please visit www.ballardfoodbank.org/volunteers

**Collection bins for all items will be available throughout Ballard Blocks shopping center,
look for our donation drive volunteers, from**

Wednesday, Nov.1 – Sunday, Nov. 12th between Noon – 6 pm, daily.



**Ballard
Food Bank**
A Hub for Hope